



Transition

A guide to assist you in *planning your future*



You're a young person transitioning into adulthood. Use this guide designed to help you and a team of adult supporters take inventory of your current assets, identify resources, and prepare a map for your future. It's your life so take control and plan your journey! As challenges arise along the way, remember that you are **not alone**...

WHERE TO START? This map provides a quick overview of ten different areas for which transitioning foster youth (you!) need to plan. Each domain lists assets and skills you need to develop and hone prior to entering adulthood. *Work with your team of adult supporters and utilize the resources on the back of this page to get started!*

Mākau ola “Wisdom/life skills” *Life Skills*

- Home Life Skills
- Legal Issues
- Recreation + Leisure
- Cooking
- Personal Hygiene
- Other Life Skills

‘Imi Na‘auao “Seek Knowledge” *Education*

- High School Diploma
- Higher Education/Training Plan
- Reading Skills
- Math Skills
- Writing Skills
- Knowledge of Resources

Alaka’i “Leadership” *Job & Career*

- Current Employment
- Listing of Past Employment
- Resume
- Sample Application
- Employment Skills (interviews)
- Knowledge of Resources

Mālama Pono “Take Care” *Self Care & Health*

- Health Insurance/Mental Health Insurance
<http://hawaii.gov/dhs/self-sufficiency/benefit/Benefits%20Application.pdf>
- Primary doctor/therapist
- Prescription plan
- Dental insurance
- Dental provider
- Vision
- Health Education/Healthy loving relationships

Kuleana “Responsibility” *Finances*

- Bank Account
- Savings
- Source of income
- Monthly budget
- Money Management Skills
- Credit Checked
- Knowledge of Resources

Lōkahi “Harmony, Balance, Unity” *Community, Culture, & Social Life*

- Community Connections
- Spiritual support/church
- Peer circle
- Registered to Vote

Palekana “Security” *Housing*

- Housing after care
- Reference and/or cosigner
- Sample rental application
- Back-up plan
- Knowledge of Resources

Kuha'o “Independence” *Transportation*

- Mode of Transportation
- Driver’s License
- Insurance
- Knowledge of Public Transportation

Maopopo “Understanding Self” *Identity*

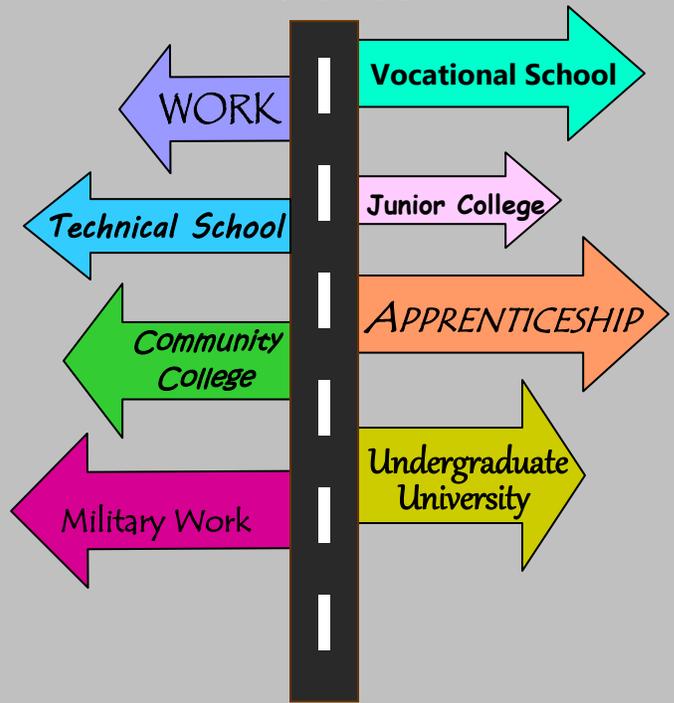
- www.shakatown.com
(Safe Personal Filing System)
- Birth Certificate
- Social Security Card
- Citizen Documents (if applicable)

Kū Pono “To Stand in Righteousness” *Permanence*

- Permanent family-like relationship
- Supportive Adults
- Biological Family Connections

Making important decisions about your future starts now! Always remember that you have a team of supporters who are committed to helping you create your brightest future possible. One way to begin this exciting planning process is to participate in a Youth Circle. You, the center of the circle, will be surrounded by people who will help you prepare for life after foster care! Schedule your Youth Circle by calling 838-7752 from `Oahu or 1-866-636-1644 from Neighbor Islands.

WHICH PATH WILL YOU CHOOSE?



Here are some directions to consider as you pave your future:

- 1. Work**
Work is still the primary source of skills training. The knowledge and experience you gain in the workforce are rarely taught in a classroom setting.
- 2. Apprenticeship**
An apprenticeship is on-the-job training with a professional. This type of work is designed for you to explore your interests and/or discover your occupational passion.
- 3. Military Service**
The military (army, marine corps, navy, air force, coast guard) provides a structured environment in which its members will learn fundamental life skills that may also be applied to civilian life.
- 4. Vocational/Technical Schools**
Vocational/technical schools offer concentrated instruction on a specific skill area. This focused curriculum results in an award or certificate. Additionally, the Job Corps program offers a variety of vocational training on `Oahu and Maui campuses where participants may live on campus or just attend school.
- 5. Community Colleges**
Community colleges provide two-year educational programs. Upon completion, you will receive an associate degree (AA) or credits that can be transferred to an undergraduate university. If you are interested in enrolling in the UH system, the best way to research available campuses is to explore this site: <http://hawaii.edu/campuses/>
- 6. Undergraduate Universities**
Undergraduate schools are four-year colleges that award bachelor's degrees. Students may select their field (s) of study (major).

Important Documents Needed to Age Out of Foster Care:

- Social security card
 - Certified birth certificate
 - Identification card
 - Copy of high school diploma or GED
 - Health and education summary
 - MedQUEST medical insurance card
 - Letter from DHS social worker verifying foster care status in Hawaii
 - Copy of the court order that awarded foster custody to the state
 - Name & address of current doctor(s)
 - List of prescribed medications
- If applicable:*
- Immigration documentation papers
 - Death certificate of parent(s)
 - Info on how to continue with mental health or substance abuse treatment services



CERTIFICATION OF LIVE BIRTH

STATE OF HAWAII HONOLULU DEPARTMENT OF HEALTH HAWAII U.S.A.

CERTIFICATE NO. [REDACTED]

CHILD'S NAME

DATE OF BIRTH HOUR OF BIRTH SEX

CITY, TOWN OR LOCATION OF BIRTH ISLAND OF BIRTH COUNTY OF BIRTH

MOTHER'S MARDEN NAME

MOTHER'S RACE

FATHER'S NAME

FATHER'S RACE

DATE FILED BY REGISTRAR

OHSM 1.1 (REV. 11/01) LASER This copy serves as prima facie evidence of the fact of birth in any court proceeding. (HRS 33B-13(b), 33B-19) ANY ALTERATIONS INVALIDATE THIS CERTIFICATE

Some Helpful Tips:

- Do well in school NOW to qualify for more scholarships later.
- Find tutoring help if you need it.
 - Schedule a Youth Circle!
 - Connect with other foster youth.
 - If you are thinking about attending college, fill out your FREE application for Federal Student Aid (FAFSA) in January of your senior year.
 - Get connected to someone who works in the field you are interested in.
 - Talk to a trusted adult in your life to help you develop *your* plan.
 - Take college campus tours.
 - Consider attending a community college to get more personalized attention in the classroom *and save money*. Get your application in early to qualify for additional FREE money!

Funding Your Education:

- When going to college, you may qualify for:
- Victoria S. & Bradley Geist Foundation Scholarships (808-566-5570)
 - Pell Grant (www.fafsa.ed.gov)
 - DHS Higher Education Board Allowance*
 - Education and Training Voucher*
 - Hawaii Community Foundation Scholarships (www.hawaiicommunityfoundation.org/scholarships)



* Call your social worker for information.