



CATHOLIC CHARITIES HAWAII

Nā 'Ohana Pūlama

Horizons Independent Living House

Many young adults in our foster care system are not acquiring the skills needed for self-sufficiency in adulthood. Some young adults who leave the foster care system may need continuing services to help them live on their own. Catholic Charities Hawaii Nā 'Ohana Pūlama Horizons Independent Living House and transition services offer comprehensive, person centered planning services within the community and in foster homes utilizing the Teaching-Family Model and Transition to Independence Process. Our plans include in-house and community outreach transition planning including educational supports and pre-vocational and life skills training. Horizons offers services that focus on helping youth and young adults gain the basic life skills, confidence, and information they need to become successful self-sufficient adults.

Horizons Residential House (males only)

The Horizons House is an up to **24+ month** residential program that uses the Teaching-Family Model as well as the Transition to Independence Process as a basis to help young adults achieve the necessary skills and resources to become independent. The House environment is in a small home setting so as to maximize learning opportunities provided by trained professionals. In the Independent Living House young adults achieve self-sufficiency by receiving independent living skills assessments, training, services, and developing a written transitional independent living plan. The plan consists of residential independent living skills, education and vocational planning, and community-based instruction. The Horizons House takes up to six young adults ages 18-25. Progress is determined collectively by the young adult's achievement of goals in the areas of independent living, education, and employment. Collaboration occurs through weekly home meetings, quarterly reviews, and regular daily contact. **Horizons House has a matching savings plan and no curfew, so motivated young adults are the key demographic.**

Community Outreach (male and female)

The community outreach transition planning guided by a Transition Facilitator provides meaningful services and activities to current and former foster care young adults to help them adequately prepare for the future. Types of services offered include community-based instruction, assistance with finding and maintaining employment, housing, education, and instruction in self-advocacy, and serving as liaison to community agencies. The community outreach program serves men and women who have had some type of out of home placement and are currently in need of assistance.

Criteria

Young adults must be aged 18-25 years old.

Preferably transitioning out of foster care, aging out of the system, and out of home placement.

Young adult is in need of transition planning and assistance with independent living.

❖ FOR MORE INFORMATION PLEASE CONTACT:

Please contact:
Andreas Okolovitch, MA
Transition Facilitator
808-527-4952

