



**Family:** E.  
**Client:** B. E. (d.o.b. 1/1/01)  
**Spouse:** G. E.  
**Children:** C.J. & R.  
**Therapists:** (individual treatment for B.), (group treatment for B.), LCSW (family treatment)  
**Date:**

## **I. Supervision**

1. G. E. is the only approved supervisor allowed to supervise B.. Any added supervisors must meet and be approved by the case management team. Note: Adult children cannot be supervisors ever.
2. B. E. will always have adult supervision. He should not be alone with any children. NOTE: this safety plan and any modification to his supervised contact with minors should only involve contact with the two specified biological children listed above (C.J. and R.). He will still not be allowed to have contact with other minors.
3. While supervising B., the supervising adult will remain within eyesight and/or hearing distance at all times.
4. All approved supervisors will be informed of this safety plan and supervision contract and will agree to enforce them.
5. It is the supervisor's role to observe, provide feedback, and ensure the children are safe from all physical, verbal, and/or sexual abuse. It is NOT their role to baby-sit or provide therapy.

## **II. Privacy and Boundary Guidelines**

1. When the bathroom is occupied, the door is to remain closed.
2. Only one person is allowed in the bathroom at a time, with the exception of married partners.
3. B. will knock and get permission before entering a closed door.
4. B. will refrain from providing bathing, hygienic care, and toilet care for the children.
5. B. will not assist the children with changing their clothing or be present if the children are undressing or changing their clothing.
6. All family members are clothed at all times in common living areas. Appropriate clothing includes pajamas or shorts and a t-shirt.

7. Adults will engage in sexual contact only behind closed doors (not within eyesight or earshot of the children).
8. The adults will not engage in communication "through" the children (i.e., "tell your mother/father...").
9. The adults will remain cordial and respectful with each other in front of the children, even when angry.
10. B. will follow the "appropriate touch and affection guidelines" as described below.
11. B. will only change his clothing or get undressed behind closed and locked doors.
12. Children should have the option to lock the bathroom door.
13. B. should not keep any secrets of any kind with the children.

### **III. Appropriate Touch and Affection Guidelines**

1. Family members will practice gaining permission before giving or receiving any expressions of affection. Each person has the right to say no to a good touch any time he/she wants to.
2. The following are identified as good touches: hugs, kisses on the cheek, sitting on one's lap. These touches should be initiated by the children.
3. Wrestling is not acceptable between adults and children.
4. If a child receives an uncomfortable or confusing touch from B., they will tell G. and she will take appropriate action to protect the children.
5. B. will not touch the genitals of any child at any time.
6. B.'s hands will be visible at all times when interacting with the children (example: not under blankets).

### **IV. Other Guidelines**

1. All approved supervisors and B. will attend all supervision meetings and/or staffings at the request of the case management team.
2. If G. or B. views or becomes informed about violations of this contract, they must tell the case management team within 24 hours of the violation. The case management team will discuss the issue and potentially revise this contract or suspend this contract.
3. If G. or an approved supervisor is concerned that any of the children are at risk emotionally or physically, she/he will intervene and communicate her/his feelings to B.. Then, she/he and B. will inform the case management team about this issue.

4. If contact must be terminated for safety reasons, B. agrees that he will be the one to leave the residence and find alternative accommodations. He will not encourage G. and/or the children to leave the residence.
5. B. agrees to maintain active releases of information for all supervisors, probation, and all therapists involved with the family.
6. Gifts from B. to any children should not be kept secret from G. and/or supervisors. The gifts should not be in any way sexual or seductive (including but not limited to, jewelry, perfume, sheer clothing, underwear).
7. When G. goes to bed, B. should go to bed or leave the premises.
8. B. should never ask for or hint at forgiveness for his abusive behavior. He will need to work towards earning the trust of his family, but cannot ask or hint at it because it may pressure the family to make that decision without fully thinking it out. The decision to grant forgiveness is a personal process and each individual must come to that decision on their own time and with their own process (perhaps with support from therapy or his/her support network, but should not come from B.). In addition, G. should not imply the children should forgive B..
9. B. will refrain from alcohol use when around the children and G. will refrain from alcohol use when supervising B. around the children.
10. B. should refrain from all physical discipline of the children and all discipline in general must be done with G.'s approval.
11. B. will not engage in sexual talk with, or sexual education of, any children. If the children initiate some conversation regarding sexual issues, B. must immediately get G. and allow her to answer the questions or take the lead in the discussion. In addition, B. will need to contact the case management team immediately to discuss this issue and how it was resolved.

By signing below, the individuals named agree to the entirety of this plan:

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Signatures Clinicians, clients, caseworkers etc.....