

Marlou Russell, Ph.D.

1452 26th Street Suite 103 Santa Monica CA 90404

Phone (310) 829-1438 marlourussell@hotmail.com Fax (310) 476-1963

Adoption and Foster Care: Recommended Reading

- Bishoff, Tonya, & Rankin, Jo. (Eds.) *Seeds from a Silent Tree: An Anthology by Korean Adoptees*. Glendale, CA: Pandal Press, 1997.
- Blau, Eric *Stories of Adoption*. Portland, OR: New Sage Press, 1993.
- Brodzinsky, Schechter, and Henig, *Being Adopted: The Lifelong Search for Self*. New York: Doubleday, 1992.
- Demuth, Carol *Courageous Blessing: Adoptive Parents and the Search*. Garland, TX: Aires Center, 1993.
- Fahlberg, Vera I. *A Child's Journey Through Placement*. Indianapolis, IN: Perspectives Press, 1991.
- Fessler, Ann *The Girls Who Went Away*. New York: Penguin Press, 2006.
- Gross, Harriet E. and Sussman, Marvin B. (Eds) *Families and Adoption*. New York: Haworth Press, 1997.
- Janus, Ludwig *The Enduring Effects of Prenatal Experience: Echoes from the Womb*. Jason Aronson, 1997.
- Jewett, Claudia L. *Helping Children Cope with Separation and Loss*. Harvard, MA: Harvard Common Press, 1982.
- John, Jaiya *Black Baby White Hands: A View from the Crib*. Silver Spring, MD: Soul Water Publishing, 2002.
- Jones, Merry Bloch *Birthmothers*. Chicago: Chicago Review Press, 1993.
- Keefer, Betsy, and Schooler, Jayne E. *Telling the Truth to Your Adopted or Foster Child*. Westport, CT: Bergin & Garvey, 2000.
- Lifton, Betty Jean *Journey of the Adopted Self: A Quest for Wholeness*. New York: Basic Books, 1994.
- MacLeod, Jean and Macrae, Sheena *Adoption Parenting: Creating a Toolbox, Building Connections*. Warren, NJ: MK Press, 2006.
- Mason, Mary Martin *Out of the Shadows: Birthfathers' Stories*. Edina, MN: O.J. Howard Publishing, 1995.
- Melina, Lois Ruskai *Making Sense of Adoption*. New York: Harper & Row, 1989.
- Melina, Lois *Raising Adopted Children: A Manual for Adoptive Parents*. New York: Harper & Row, 1986.
- Melina, Lois Ruskai and Roszia, Sharon Kaplan *The Open Adoption Experience*. New York: Harper Collins, 1993.
- O'Malley, Beth *Lifebooks: Creating a Treasure for the Adopted Child*. Winthrop, MA: Adoption-Works, 2002.
- Pavao, Joyce Maguire *The Family of Adoption*. Boston: Beacon Press, 1998.
- Pertman, Adam *Adoption Nation*. Basic Books, 2000.
- Rando, Therese A. (Ed.) *Parental Loss of a Child*. Champaign, IL: Research Press, 1986.
- Register, Cheri *Beyond Good Intentions: A Mother Reflects on Raising Internationally Adopted Children*. St. Paul, MN: Yeong, 2005.
- Riley, Debbie with Meeds, John, *Beneath the Mask: Understanding Adopted Teens*. Silver Spring, MD: C.A.S.E., 2005.
- Roles, Patricia *Saying Goodbye to a Baby*. Washington, DC: Child Welfare League of America, 1989.
- Rosenberg, Elinor B. *The Adoption Life Cycle: The Children and their Families Through the Years*. New York: The Free Press, 1992.
- Russell, Marlou *Adoption Wisdom: A Guide to the Issues and Feelings of Adoption*. Santa Monica, CA: Broken Branch Prod., 1996.
- Siegel, Stephanie E. *Parenting your Adopted Child: A Complete and Loving Guide*. Encino, CA: SES Publishing, 1997.
- Silber, Kathleen and Dorner, Patricia Martinez *Children of Open Adoption*. San Antonio, TX: Corona Publishing, 1989.
- Strauss, Jean A.S. *Birthright: The Guide to Search and Reunion*. New York: Penguin Publishing, 1994.
- Tatum, Beverly Daniel, "Why Are All the Black Kids Sitting Together in the Cafeteria?", New York, Basis Books, 1997.
- Thomas, Nancy L. *When Love is Not Enough: A Guide to Parenting Children with RAD*. Glenwood Springs, CO: 1997.
- Van Gulden, Holly and Bartels-Rabb, Lisa M. *Real Parents, Real Children*. New York: Crossroads Books, 1995.
- Verrier, Nancy Newton *The Primal Wound: Understanding the Adopted Child*. Baltimore: Gateway Press, 1993.
- Verrier, Nancy Newton *Coming Home to Self*. Baltimore: Gateway Press, 2003.
- Wolff, Jana *Secret Thoughts of an Adoptive Mother*. Honolulu: Vista Communications, 1997.
- Wood, Lansing, and Ng, Nancy (Eds.) *Adoption and the Schools*. Palo Alto, CA: FAIR, 2001.

Books for Children

- Frasier, Debra *On the Day You Were Born*. Harcourt Brace, 1991.
- Kates, Bobbi Jane *We're Different, We're The Same*. Sesame Street, 1992.
- Kitze, Carrie A. *We See the Moon*. EMK Press, Warren, NJ, 2003.
- Lifton, Betty Jean /Nivola, Claire illustrator *Tell Me a Real Adoption Story*. Alfred A. Knopf, 1993.
- Miller, Kathryn Ann/ Moffett, Jami illustrator *Did My First Mother Love Me?* Buena Park: CA. Morning Glory Press, 1994.
- O'Malley, Beth *For When I'm Famous: A Teen Foster/Adoption Lifebook*. Winthrop: MA. Adoption Works, 2002
- Parr, Todd *The Family Book*. Little Brown and Company, 2003.
- Rogers, Fred *Let's Talk About It - Adoption*. 1995.
- Schoettle, Marilyn *W.I.S.E. UP Powerbook*. Silver Spring, MD: C.A.S.E., 2000
- Waber, Bernard Lyle *Finds His Mother*. Houghton Mifflin, 1974.
- Wilcocki, Jennifer and Wright, Marcia Kahn/ Geis, Alissa Imre illustrator *Maybe Days: A Book for children in Foster Care*. American Psychological Association, 2002.

Marlou Russell, Ph.D. is a psychologist specializing in adoption issues, an adoptee in reunion, and the author of ***Adoption Wisdom: A Guide to the Issues and Feelings of Adoption***.

Visit Dr. Russell's website at www.marlourussellphd.com for more information.