

# ADHD: What is it and what can I do about it?



- FREE training and childcare open to all resource, adoptive, guardianship, permanency, and kinship families.
- Childcare limited to registered children, ages 3-12, based on availability.
  - Dinner will be provided for families during the first half hour.
  - Training and childcare will begin after dinner.
- \* Door prizes to 3 lucky families!

## Presented by: Roger Hamada, Ph.D.

Dr. Roger Hamada is a Licensed Clinical Psychologist who was born and raised on the Big Island and has two adult sons. He has been practicing psychology in Hawai'i for over 20 years, and is the former Head of the ADHD Clinic at Kapiolani Medical Center. He has been in private practice working with children, youth, and families since 2000.

## Tuesday, October 9, 2012

5:30 pm - 8:00 pm

## **First Assembly of God**

(Red Hill)

## **RSVP by 10/5/12**

Call Jennifer Ho at 521-9531 ext. 245 or email jho@familyprogramshi.org to RSVP and register for childcare. Please leave your name, contact number, the names and ages of children needing care, and whether you are a resource, adoptive, guardianship, permanency, or kinship family.

Space is limited. See back for map.

## **About the training:**

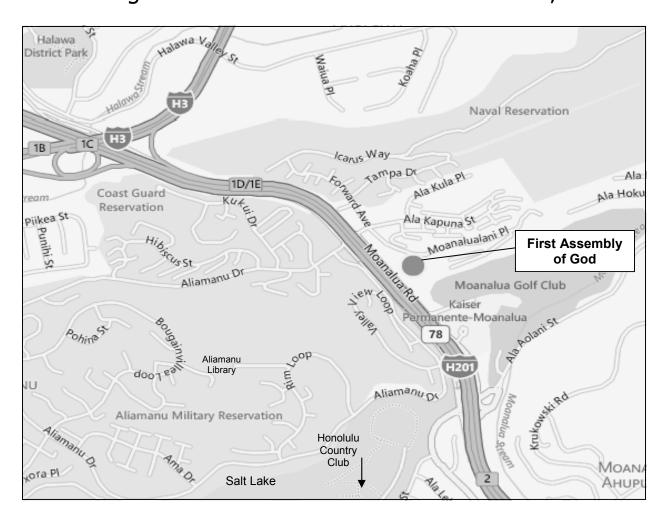
- Overview of Attention Deficit Hyperactivity Disorder (ADHD) what it is and what it is NOT
- Learn about behaviors, learning processes, and developmental growth of children diagnosed with ADHD
- Understand your role as a caregiver in creating an environment that supports healthy development for children with ADHD
- Learn about the role of medication in managing ADHD
- Develop strategies to assist children with ADHD

For additional information about our programs and services, please visit our website: www.FamilyProgramsHawaii.org

Or find us on facebook; www.facebook.com/FPH.RFSS

# First Assembly of God - Red Hill 3400 Moanalua Road, Honolulu, HI 96819

Please park in the lower parking lot. Training and childcare will meet in Room #202, 203.



#### **Directions from Westside:**

- 1. From H1 Eastbound, take Exit 13A for H1-78 East (Moanalua Freeway) toward Honolulu
- 2. Take Exit 2 toward Moanalua Valley/ Red Hill
- 3. Turn left onto Ala Kapuna Street
- 4. Turn right onto Moanalualani Place
- 5. Church will be on the right. Please park in the lower parking lot.

#### **Directions from Eastside:**

- From H201 Westbound (Moanalua Freeway), take Exit 2, toward Salt Lake/Red Hill/Moanalua Valley
- 2. Keep left to stay on Moanalua Road
- 3. Church parking lot entrance will be on the right, past Kaiser Hospital.

\*If you get lost or need further directions, please call Michelle Sajona at 255-2068.