These Changing Times
How We Manage To Care For Others and Care For Ourselves

Join us for an interactive and engaging evening with

Tony Alvarez, LMSW

Tony Alvarez, Faculty Member at the University of Michigan, has worked with children and families for over 30 years and, for over 4 years, he was a Faculty Member and Trainer at UH Manoa. He facilitated Hawaii statewide community-based trainings using his experiential and adventure based approach to social work practice. Much of his time goes to training others who are in direct contact with children, youth, and families. Tony is co-author of a book, Power of One. In addition, he is the proud father of three daughters.

Thursday, July 21, 2011
5:30 - 8:00 pm
Dinner will be provided
Childcare will be provided for children ages 3-12

Consuelo Family Center
245 N. Kukui St.
Honolulu, HI 96817

Please RSVP by July 19, 2011
To Jennifer Cilfone at 352-0826

Training open to all Resource/Foster, Adoptive, Guardianship & Kinship Families and Service Providers

This Training will focus on:

- Exploring ways of Self-Care
- Moving forward with limited resources
- Empowering yourself and your family
- Rejuvenating and maintaining a healthy you
- Being open to adapting to change
- Having fun and creating enjoyment in life

This training is sponsored by the Department of Human Services and the Foster Care Training Committee (FCTC). FCTC agencies include Catholic Charities Hawai‘i, Child and Family Service, Consuelo Foundation, Department of Human Services, EPIC Foundation, EPIC ‘Ohana Conferencing, Family Programs Hawai‘i, Hale Kipa, Inc., Heart Gallery Hawaii, HOPE INC, Inc., Hui Ho‘omaluhia, Partners in Development Foundation, & University of Hawaii Training Academy.
The Consuelo Family Center is on the 1st floor of the Kukui Center at 245 N. Kukui St. in Honolulu

From West Oahu:
Take exit 20B onto Vineyard Blvd.
Turn Right onto Aala St.
Take the 1st Left onto N. Kukui St.

From East Oahu:
Take 21A onto N. School St.
Turn Left onto Aala St.
Take the 2nd Left onto N. Kukui St.